

QUARTERLY PLAN

PLAN FOR QUARTER ___ OF _____



	YOUR WORK Career, money and investments	YOUR SELF Being happy, strong and healthy	YOUR LIFE Friends, family and community
Passion Ratio	___ %	___ %	___ %
#1 Project			
Other Projects?			
#2			
#3			
Toads #1			
#2			
Habit To Start*			
Stop			
Actions to take this week?			

* Choose 1 of the 17 habits from the book.

QUARTERLY RESET

REVIEW OF QUARTER ___ OF _____



YOUR WORK Career, money and investments	YOUR SELF Being happy, strong and healthy	YOUR LIFE Friends, family and community
Biggest achievements?		
Biggest challenges or disappointments?		
Passion Ratio: How much energy did you invest this quarter?		
___ %	___ %	___ %
What would have been ideal for you to be your best?		
___ %	___ %	___ %
What do you need to Start or Stop doing to be on track with your Annual Goals?		