

## QUARTERLY RESET

REVIEW OF QUARTER \_\_\_ OF \_\_\_\_\_



YOUR WORK Career, money and investments	YOUR SELF Being happy, strong and healthy	YOUR LIFE Friends, family and community
<b>Biggest achievements?</b>		
<b>Biggest challenges or disappointments?</b>		
<b>Passion Ratio:</b> How much energy did you invest this quarter?		
___ %	___ %	___ %
<b>What would have been ideal for you to be your best?</b>		
___ %	___ %	___ %
<b>What do you need to Start or Stop doing to be on track with your Annual Goals?</b>		

# QUARTERLY PLAN

PLAN FOR QUARTER \_\_\_ OF \_\_\_\_\_



	<b>YOUR WORK</b> Career, money and investments	<b>YOUR SELF</b> Being happy, strong and healthy	<b>YOUR LIFE</b> Friends, family and community
Passion Ratio	___ %	___ %	___ %
#1 Project			
Other Projects?			
#2			
#3			
Tods #1			
#2			
Habit To Start*			
Stop			
Actions to take this week?			

\* Choose 1 of the 17 habits from the book.